## Information For the User Atorvastatin (10mg) + Aspirin (75mg) Capsule

# **Atorable ASP Capsule**

# **Composition:**

Each hard gelatin capsule contains: Atorvastatin Calcium IP equivalent to Atorvastatin – 10 mg Aspirin IP (as gastro-resistant pellets) – 75 mg Excipients – q.s.

## **Description:**

Atorable ASP Capsule is a fixed-dose combination of a statin (atorvastatin) and an antiplatelet agent (aspirin), used in the primary and secondary prevention of cardiovascular events. Atorvastatin lowers LDL cholesterol and triglycerides while increasing HDL cholesterol, thus reducing the risk of atherosclerosis. Aspirin irreversibly inhibits platelet aggregation, helping prevent blood clots, myocardial infarction, and stroke in at-risk patients.

# Indications:

Primary and secondary prevention of cardiovascular events in high-risk patients Coronary artery disease Post-myocardial infarction management Patients with diabetes or hypertension with cardiovascular risk Dyslipidemia with associated thrombotic risk

# **Mechanism of Action:**

Atorvastatin selectively inhibits HMG-CoA reductase, the rate-limiting enzyme in cholesterol biosynthesis, leading to upregulation of LDL receptors and enhanced clearance of LDL cholesterol. Aspirin inhibits cyclooxygenase-1 (COX-1) enzyme, suppressing thromboxane A2 synthesis and thereby inhibiting platelet aggregation.

## **Dosage and Administration:**

One capsule once daily, preferably in the evening, or as directed by the physician. Swallow whole with water. Do not crush or chew.

## Side Effects:

Common: Dyspepsia, myalgia, constipation, headache Occasional: Elevated liver enzymes, gastrointestinal irritation Rare: Rhabdomyolysis, gastrointestinal bleeding, hypersensitivity reactions

## **Precautions:**

Use with caution in patients with active peptic ulcer, bleeding disorders, or hepatic dysfunction Monitor liver enzymes and creatine kinase periodically Avoid concurrent use of other NSAIDs or anticoagulants without medical supervision Not recommended during pregnancy and lactation

## Storage:

Store in a cool, dry place below 25°C

Protect from moisture and light Keep out of reach of children

Manufactured in India for:

